

The Rosary

- Make the Sign of the Cross with the crucifix and pray the Apostles' Creed.
- Pray the Lord's Prayer on the first large bead.
- Pray a Hail Mary on the next three beads.
- On the next large bead, pray the Prayer of Praise, recall the first mystery, and say the Lord's Prayer.
- Pray a Hail Mary on the next ten beads. This completes one decade.
- Follow this pattern for the next four decades, recalling a mystery on each of the large beads between the decades.
- End by making the Sign of the Cross with the crucifix.

Joyful Mysteries - Jesus' *Infancy and Childhood*

1. Mary is told she will be the mother of Jesus. (The Annunciation)
2. Mary visits her cousin Elizabeth. (The Visitation)
3. Mary gives birth to Jesus.
4. Jesus is presented in the Temple. (The Presentation)
5. Jesus is found in the Temple.

Luminous Mysteries *Jesus' Public Ministry*

1. Jesus is baptized in the Jordan River.
2. Jesus performs his first miracle at the wedding at Cana.
3. Jesus proclaims the Kingdom of God and calls us to conversion.
4. Jesus is transformed before Peter, John, and James on Mount Tabor. (The Transfiguration)
5. Jesus institutes the Eucharist at the Last Supper.

Sorrowful Mysteries *Jesus' Passion and Death*

1. Jesus suffers his agony in the Garden.
2. Jesus is scourged at the pillar.
3. Jesus is crowned with thorns.
4. Jesus carries his Cross to Calvary.
5. Jesus dies on the Cross.

Glorious Mysteries *The Glory of Jesus and Mary*

1. Jesus rises from the dead. (The Resurrection)
2. Jesus ascends into Heaven. (The Ascension)
3. Jesus sends the Holy Spirit.
4. Mary is assumed into Heaven. (The Assumption)
5. Mary is crowned Queen of Heaven.

Confirmation Preparation Booklet

The Ten Commandments

1. I am the LORD your God: you shall not have strange gods before me.
2. You shall not take the name of the LORD your God in vain.
3. Remember to keep holy the LORD'S Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

The Two Great Commandments

"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind." This is the greatest and first commandment. And a second is like it: "You shall love your neighbor as yourself."

Matthew 22:36-39

The Beatitudes

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful,

for they will receive mercy. Blessed are the pure in heart,

for they will see God. Blessed are the peacemakers,

for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

Matthew 5:3-10

Gifts of the Holy Spirit

Wisdom

Understanding

Right judgment, or counsel

Courage, or fortitude

Knowledge

Reverence, or piety

Wonder and awe, or fear of the Lord

Fruit of the Holy Spirit

love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control

Holy Days of Obligation

(these are the special days when Catholics are asked to go to church)

Mary, Mother of God—January 1

Ascension of Jesus—Forty days after Easter or 7th Sunday of Easter

Assumption of Mary—August 15

All Saints' Day—November 1

Immaculate Conception—December 8

Christmas—December 25

Sacraments

Baptism

Confirmation

Eucharist

Penance

Anointing of the Sick

Holy Orders

Matrimony

The Spiritual Works of Mercy

Counsel the doubtful.

Teach the ignorant.

Help the sinner.

Comfort the sorrowful.

Forgive injuries.

Bear wrongs patiently.

Pray for the living and the dead.

The Corporal Works of Mercy

Feed the hungry.

Give drink to the thirsty.

Give clothes to those who have none.

Shelter the homeless.

Visit the sick.

Visit the imprisoned.

Bury the dead.

Seven Themes of Catholic Social Teaching

Life and Dignity of the Human Person *All human life is sacred. Morality is based on the dignity of the human person.*

Call to Family, Community, and Participation

People have both the right and the duty to participate in society—to seek the good and well-being of all.

Rights and Responsibilities *Every person has a right to life and those things that are necessary to life. Every person also has responsibilities to others— to family and to society.*

Option for the Poor and Vulnerable *The story of the Last Judgment (Matthew 25:31 -46) tells us to put the needs of the poor and vulnerable first.*

The Dignity of Work and the Rights of Workers

Work is a way to participate in God's creation. Workers have rights—to productive work and fair wages, to organize and join unions, to private property, and to economic initiative.

Solidarity

We are one human family, whatever our national, racial, ethnic, economic, and ideological differences.

Care for God's Creation

We show respect for our Creator by taking care of creation. Care for the earth is a requirement of our faith.

Prayers

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Prayer of Praise

Glory to the Father,

and to the Son,

and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be. Amen

The Apostles' Creed

I believe in God,

the Father almighty,

Creator of heaven and earth,

and in Jesus Christ, his only Son, our Lord,

who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead;

he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Act of Contrition

My God,

I am sorry for my sins with all my heart.

In choosing to do wrong

and failing to do good,

I have sinned against you

whom I should love above all things.

I firmly intend, with your help,

to do penance, to sin no more,

and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen

The Jesus Prayer

Lord Jesus Christ,

Son of God,

Savior,

have mercy on me, a sinner.

Prayer for the Dead

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love.

Send forth your Spirit, O Lord, and our hearts shall be created. And you shall renew the face of the world.

O God, who taught the hearts of the faithful by the light of the Holy Spirit, grant us by the same Spirit to delight in what is right and always to rejoice in his consolation. Through Jesus Christ our Lord. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with you! Blessed are you among women, and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners, now and at the hour of our death.

Amen

Blessing Before Meals

Bless us, O Lord, and these your gifts, which we are about to receive from your goodness, through Christ our Lord. Amen

Prayer to My Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, ever this day (or night) be at my side, to light and guard, to rule and guide.

Amen

Prayer of St. Francis of Assisi

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O divine Master, grant that I may not seek so much to be consoled as to console, to be understood as to understand, to be loved as to love.

For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen

Prayer of St. Patrick

May the strength of God pilot us.

May the power of God preserve us. May the wisdom of God instruct us.

May the hand of God protect us. May the way of God direct us.

May the shield of God defend us.

Memorare

Remember, most loving Virgin Mary, never was it heard that anyone who turned to you for help was left unaided.

Inspired by this confidence, though burdened by my sins, I run to your protection for you are my mother.

Mother of the Word of God,

do not despise my words of pleading

but be merciful and hear my prayer.

Amen

THE WAY OF THE CROSS

1. Jesus is condemned to death.

2. Jesus carries his Cross.

3. Jesus falls the first time.

4. Jesus meets his mother.

5. Simon of Gyrene helps Jesus carry his Cross.

(5. Veronica wipes the face of Jesus.

7. Jesus falls the second time.

8. Jesus speaks to the women of Jerusalem.

9. Jesus falls the third time.

10. Jesus is stripped of his garments.

11. Jesus is nailed to the Cross.

12. Jesus dies on the Cross.

13. Jesus is taken down from the Cross.

14. Jesus is placed in the tomb.

15. Jesus is risen from the dead